

2025 CHAMPS National Virtual Conference Agenda

September 18, 2025 | 10:30AM-4:30PM Eastern Time

10:15-
10:30AM ET

Online Platform Open; Networking

10:30-
11:30AM ET

CHAMPS National: Past, Present and Future

Anne Merewood, PhD, MPH, CHEER Director; Laura Burnham, MPH, CHEER Associate Director

11:30AM-
12:00PM ET

Lessons Learned from the Fix in Six Exclusivity Orb

Becky Knapp, MPH, RN, IBCLC, CHEER Senior Research Project Manager, CHAMPS National Coach

12:00-
12:45PM ET

A Sweet Start: Using Glucose Gel to Increase Exclusivity, Reduce NICU Admits, and Strengthen Family-Centered Care

Shaequa Dasnadi, MD, Medical Director at Houston Methodist Sugarland Nurseries, Associate Professor at Baylor College of Medicine

12:45-
1:15PM ET

Break/Lunch

1:15-
1:45PM ET

Crying Together: Being Moved, Moving On, Moving Others

Cathy Carothers, BLA, IBCLC, FILCA, EveryMother Co-Director, CHAMPS National Coach; Anne Merewood, PhD, MPH, CHEER Director

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1:50-
2:35PM ET

CONCURRENT
SESSIONS 1

All Moms Empowered to Nurse: Providing Peer-to-Peer Breastfeeding Support

Reaching Our Sisters Everywhere (ROSE); Julie Ware, MD, MPH, IBCLC, FAAP, FABM; AMEN Panelists

Why Are We Supplementing? Clinical Snapshots That Challenge the Norm

Lorimar Ortiz, MD, IBCLC, Blooming Families Clinic, CHAMPS National Coach

Lessons from the Night Shift: Opportunities for Rooming-In

CHAMPS Hospital Panelists; Moderated by Becky Knapp, MPH, RN, IBCLC, CHEER Senior Research Project Manager, CHAMPS National Coach

2:40-
3:25PM ET

CONCURRENT
SESSIONS 2

Donor Milk: Beyond the NICU

CHAMPS Hospital Panelists; Moderated by Cathy Carothers, BLA, IBCLC, FILCA, EveryMother Co-Director, CHAMPS National Coach

Unseen No More: Women, Birth, and the Emotional Burden

Sharla Smith, PhD, MPH, Associate Professor, Director of Birth Equity Founder and Director of Kansas Birth Equity Network, University of Kansas Medical Center

Skin-to-Skin in the OR 2.0

Michelle Owens, MD, MS, FACOG, MFM Faculty at Ascension St. Vincent Hospital, CHAMPS National Consultant, Lead for Maternal Health in the State of MS



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3:30-
4:15PM ET

CONCURRENT
SESSIONS 3

Motivate, Mentor, Manage: Strategies from Nursing Leaders

Diana Johnston, RNC-MNN, MSN-HCA/NL, MS Baptist Medical Center; Audrey Magee Davey, RN, BA, BSN, IBCLC, Alaska Native Medical Center; Sabine Sterlin, MBA, MSN, RNC-OB, C-EFM, Stony Brook University Hospital; Jacqueline Mincy, WVU Medicine Princeton Community Hospital; Moderated by Mariah Banks, MPH, CHEER Project Management Specialist, CHAMPS Coach & TAG

Bright Ideas for Common Problems: The TAGs Speak Up

Danilea M. Carmona Matos, MSc, CBS, IYCF-S/IYCF-E, CLSSGB, Certified Breastfeeding Specialist, Blooming Families Clinic / CHAMPS TAG & Consultant; Gianna Hamann, CHEER Research Assistant, CHAMPS TAG; Kat Pollack-Hinds, MPH, CHEER Research Assistant, CHAMPS TAG; Madeline Caughron, CHEER Research Assistant, CHAMPS TAG; Olivia Choi, MPH, CHEER Research Assistant, CHAMPS TAG

Talking Stories: The Art of Connecting from the Heart

Pennie Bumrungsiri, MSc, LM, CPM, Clinical Services Director, Healthy Mothers Healthy Babies Coalition of Hawaii; Liliana Burke, MPH, CLC, Nutritionist and Certified Lactation Counselor at the Center for Women and Newborns Brigham and Women's Hospital

4:15-
4:30PM ET

Closing Remarks

Laura Burnham, MPH, CHEER Associate Director



**Register for the 2025 CHAMPS National Virtual Conference at
2025champsnationalconference.vfairs.com.**