

CHAMPS VIRTUAL TRAINING SESSIONS: BREASTFEEDING COMPETENCIES

JANUARY 23, 2024
9AM-11AM CST

BREASTFEEDING POLICIES

KEY CONTENT:

- PROJECT OVERVIEW
- BABY-FRIENDLY COMPETENCY REQUIREMENTS
- EQUITY FOCUS
- POLICY CONTENT SECTION

WHO SHOULD ATTEND:
ALL STAFF

FEBRUARY 27, 2024
9AM-12PM CST

COUNSELING: HOW TO TALK WITH PARENTS ABOUT BREASTFEEDING

KEY CONTENT:

- ACTIVE LISTENING SKILLS (PI #11, 12, 13)
- BUILDING CONFIDENCE FOR BREASTFEEDING (PI #14)

WHO SHOULD ATTEND:
ALL STAFF

MARCH 26, 2024
9AM-11AM CST

PRENATAL EDUCATION KEY CONTENT:

- FEEDING DECISIONS
- ASSESSING KNOWLEDGE (PI #16)
- REASONS TO BREASTFEED (PI #15, 29)
- EARLY PRACTICES TO EXPERIENCE SUPPORT (PI #17)

WHO SHOULD ATTEND:
PRENATAL STAFF, L&D STAFF

APRIL 23, 2024
9AM-12PM CST

BIRTH & IMMEDIATE POSTPARTUM KEY CONTENT:

- SKIN-TO-SKIN CARE (SSC) (PI #18, 19, 20)
- REASONS TO DELAY OR INTERRUPT SSC (PI #23)
- SAFETY ASPECTS (PI #21, 26)
- FIRST LATCH (PI #25, 27)

WHO SHOULD ATTEND:
PRENATAL STAFF, L&D STAFF

Email champs.breastfeed@gmail.com to
learn more and register.



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MAY 28, 2024

9AM-12PM CST

BREASTFEEDING BASICS

KEY CONTENT:

- HOW THE BREAST MAKES MILK
- POSITIONING AND LATCH (PI #34, 33)
- EVALUATING FEEDINGS (PI #32, 31)
- FEEDING PATTERNS (PI #37, 30)
- ROOMING-IN/SAFE PRACTICES (PI #35, 68)
- ASSISTING PARENTS OF PRETERM/WEAK INFANTS (PI #43, 44)
- PREVENTING COMMON PROBLEMS (PI #57)

WHO SHOULD ATTEND:

L&D STAFF, POSTPARTUM STAFF

JUNE 25, 2024

9AM-12PM CST

PROTECTING BREASTFEEDING

KEY CONTENT:

- HAND EXPRESSION (PI #40)
- RESPONDING TO REQUESTS FOR FORMULA/BOTTLES/PACIFIERS (PI #56, 51)
- SPECIAL CARE INFANTS (PI #45)
- SAFE SUPPLEMENTATION PRACTICES (PI #54, 67)*
- ALTERNATIVE FEEDING METHODS (PI #55, 53)
- SAFE PREPARATION OF INFANT FORMULA (PI #52)*

WHO SHOULD ATTEND:

ALL STAFF

*TOPICS REQUIRED FOR L&D AND POSTPARTUM STAFF

JULY 23, 2024

9AM-11AM CST

DISCHARGE EDUCATION & SUPPORT

KEY CONTENT:

- FEEDING INFORMATION AT DISCHARGE (PI #61)
- CONTINUITY OF CARE
- DISCHARGE FEEDING PLAN (PI #62)
- WARNING SIGNS OF INFANT UNDERNOURISHMENT OR DEHYDRATION (PI #63)
- FINAL QUESTIONS AND ANSWERS/DISCUSSION ABOUT SUPPORT

WHO SHOULD ATTEND:

ALL STAFF