

CHAMPS Webinar: April 29th, 2020

Maternity Practices During COVID-19: A Discussion

Presenters:

Laura Burnham, MPH, CHEER Project Director

Tawanda Logan-Hurt, BSW, CLC, CHAMPS Mississippi Delta Community &
Hospital Consultant, MSDH Region 1 Breastfeeding Coordinator

ZOOM Meeting Info:

<https://bostonmedicalcenter.zoom.us/j/91351224003>

Meeting ID: 913 5122 4003

Dial-in by your location: +1 646 558 8656 US, +1 301 715 8592 US, +1 346 248 7799 US

Find your local number: <https://bostonmedicalcenter.zoom.us/u/acZMNsFSJB>

You can use the chat box for questions during the presentation.



CHAMPS Updates

- **MS has 20 Baby-Friendly hospitals**– that means > 50% of births in MS are happening in Baby-Friendly Hospitals!
- Congrats to the most recently designated hospitals
 1. NMMC Tupelo
 2. NMMC Gilmore-Amory

Upcoming CHAMPS Webinars

Webinars are held in collaboration with the Mississippi State Department of Health and the Bower Foundation, and are scheduled on Wednesdays from 12-1p CST

CHAMPS COVID-19 Response Webinar Series

- **May 6th:** The COVID-19 Pandemic: What You Can Do to Protect Human Milk and Breastfeeding – *Presented by Diane Lynn Spatz, PhD, RN-BC, FAAN*
- **May 13th:** First, Do No Harm: Evidence for Exclusive Breastfeeding During the First Week – *In collaboration with the Academy of Breastfeeding Medicine, presented by Lori Feldman-Winter, MD, MPH, FAAP, FABM, Alison Stuebe, MD, MSc, and Ann Kellams, MD, IBCLC, FAAP, FABM*
- **May 20th:** Community Support (Re-)Structures during COVID-19, from New York and Boston – *Presented by Theresa Landau, MS, RD, and Jenny Weaver, RN, IBCLC*
- **May 27th:** Neoqic and CHAMPS COVID-19 Updates and Discussion – *Presented by Meg Parker, MD, MPH*
- **June 3rd:** CHAMPS Updates: Celebrating Mississippi's Achievements – What's Next? – *Presented by the CHAMPS Team*



If there are topics you would like covered, please email CHAMPSbreastfeed@gmail.com.

For log-in information or for slides and recordings of past webinars, visit: cheerequity.org/webinars.html

National/International Guidance on COVID-19 and Maternal and Infant Care

- **Centers for Disease Control:**

- Pregnancy and Breastfeeding:
<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html>
- Clinical Care for Pregnant Women:
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/inpatient-obstetric-healthcare-guidance.html>

- **World Health Organization:**

- Frequently Asked Questions: Breastfeeding and COVID-19:
<https://www.who.int/docs/default-source/maternal-health/faqs-breastfeeding-and-covid-19.pdf>
- Publication on Pregnancy, Childbirth, breastfeeding and COVID-19:
<https://www.who.int/reproductivehealth/publications/emergencies/COVID-19-pregnancy-ipc-breastfeeding-infographics/en/>
- Breastfeeding Advice from the Regional Office for the Eastern Mediterranean:
<http://www.emro.who.int/nutrition/nutrition-infocus/breastfeeding-advice-during-covid-19-outbreak.html>

- **Association of Breastfeeding Medicine Statement:**

- <https://www.bfmed.org/abm-statement-coronavirus>

- **Commentary in *Breastfeeding Medicine* by Dr. Alison Stuebe**

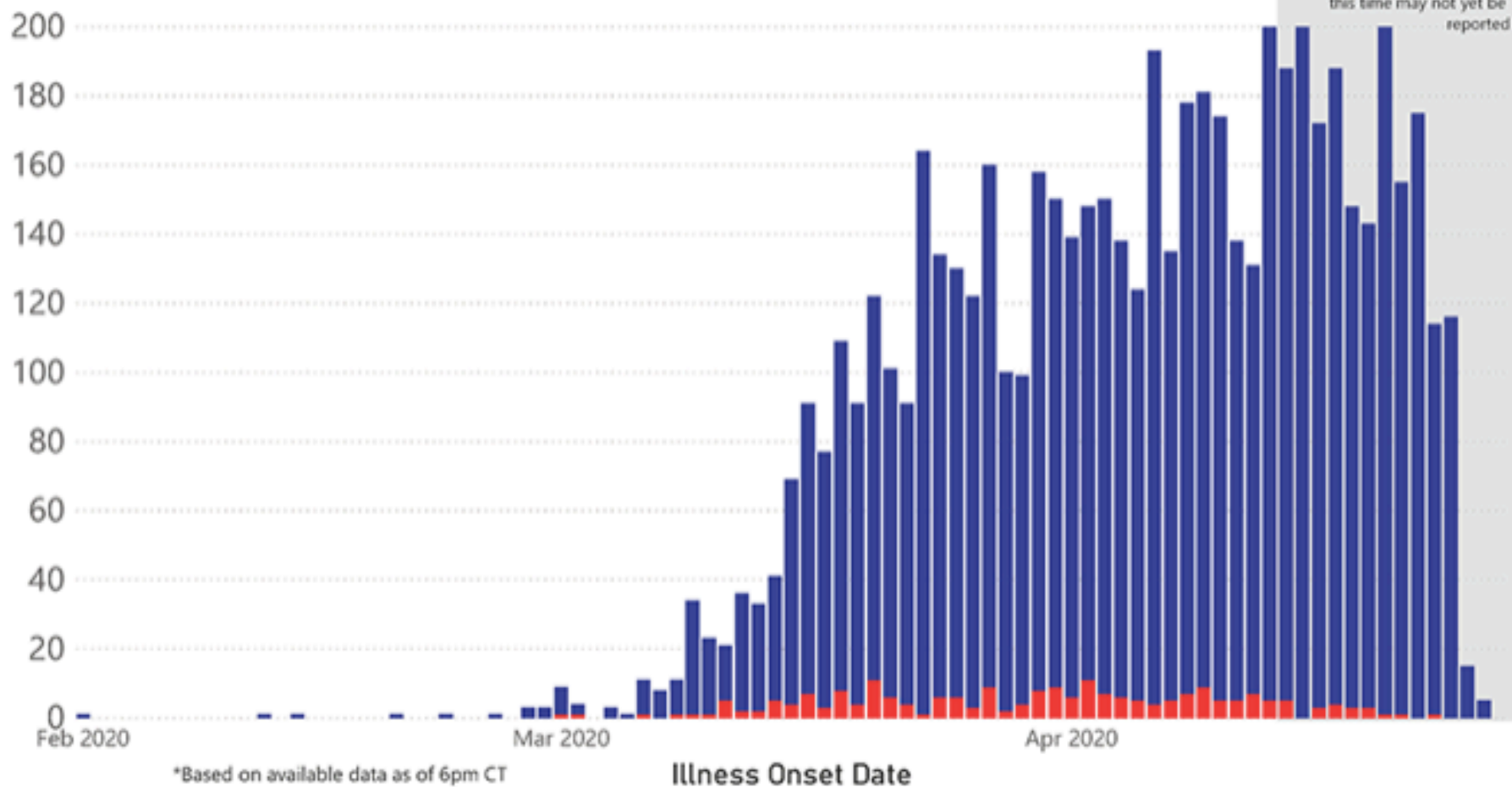
- <https://www.liebertpub.com/doi/pdf/10.1089/bfm.2020.29153.ams>

- **Ad Interim Indications of the Italian Society of Neonatology, Endorsed by the Union of European Neonatal & Prenatal Societies**

- https://www.uenps.eu/wp-content/uploads/2020/03/14marzo.SIN_UENPS0.pdf

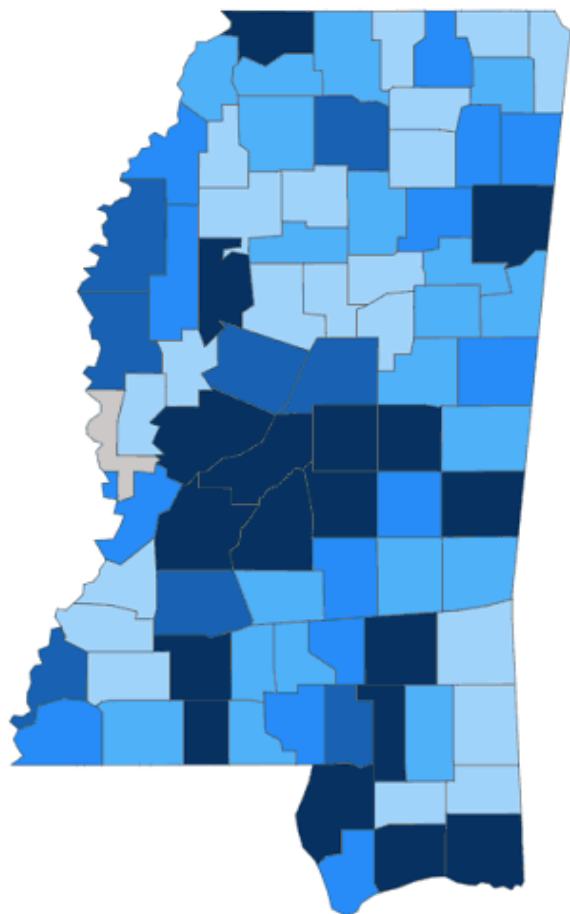
COVID-19 Cases and Deaths by Date of Illness Onset through April 27, 2020*, Mississippi

● Deaths ● Cases



Note: Values up to two weeks in the past on the Date of Illness Onset chart above can change as we update it with new information from disease investigation.

Mississippi COVID-19 Cases and Deaths by Race, April 27, 2020



● 1 to 25 ● 26 to 50 ● 51 to 75 ● 76 to 125 ● >125

Total Cases

6,342

Black or African American	White	Other*	Under Investigation**
3,304	2,122	630	286

Total Deaths

239

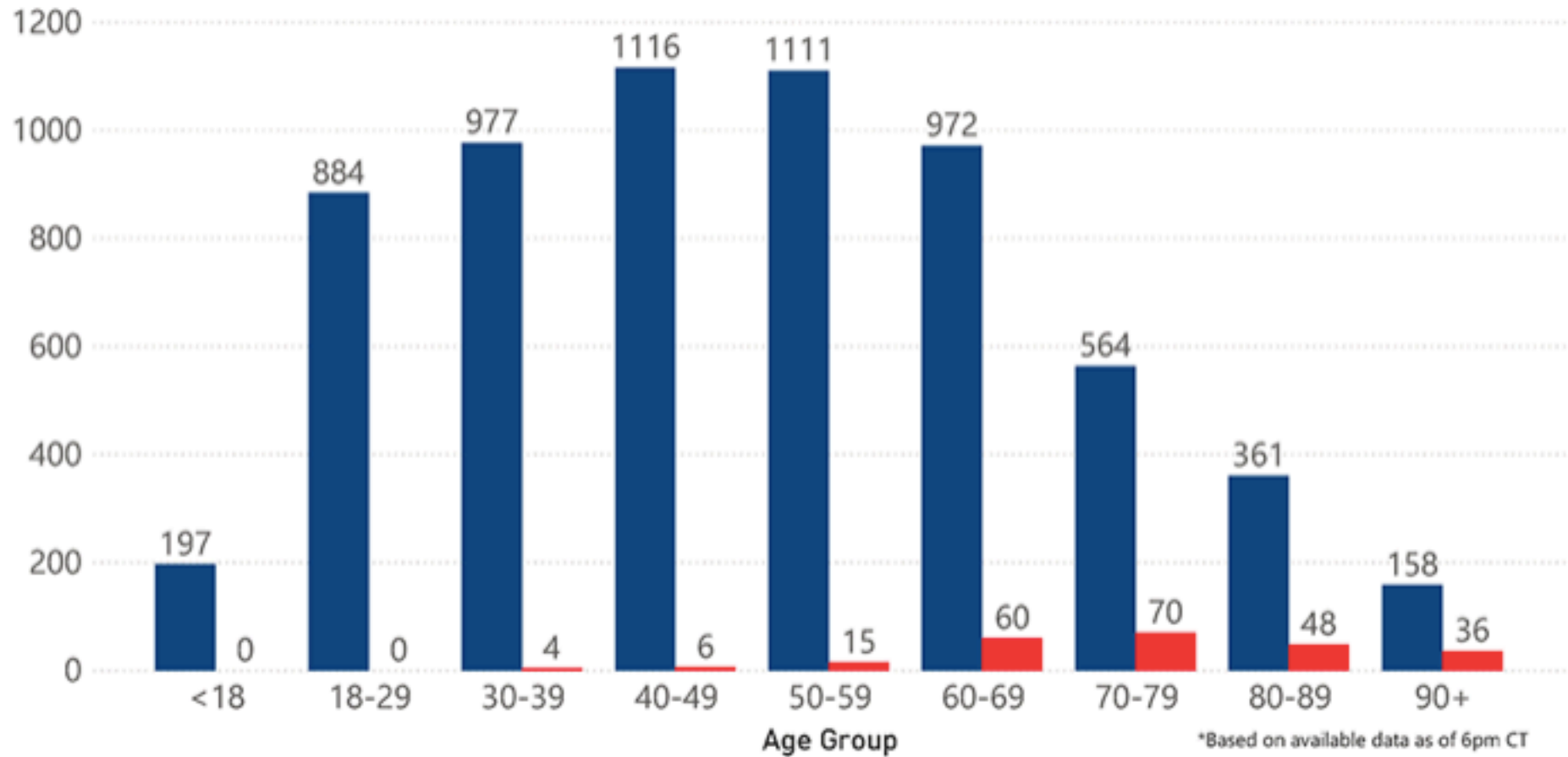
Black or African American	White	Other*	Under Investigation**
141	96	2	0

* Includes American Indian, Asian

** Cases still under investigation

COVID-19 Cases and Deaths by Age Group through April 27, 2020*, Mississippi

● Cases ● Deaths



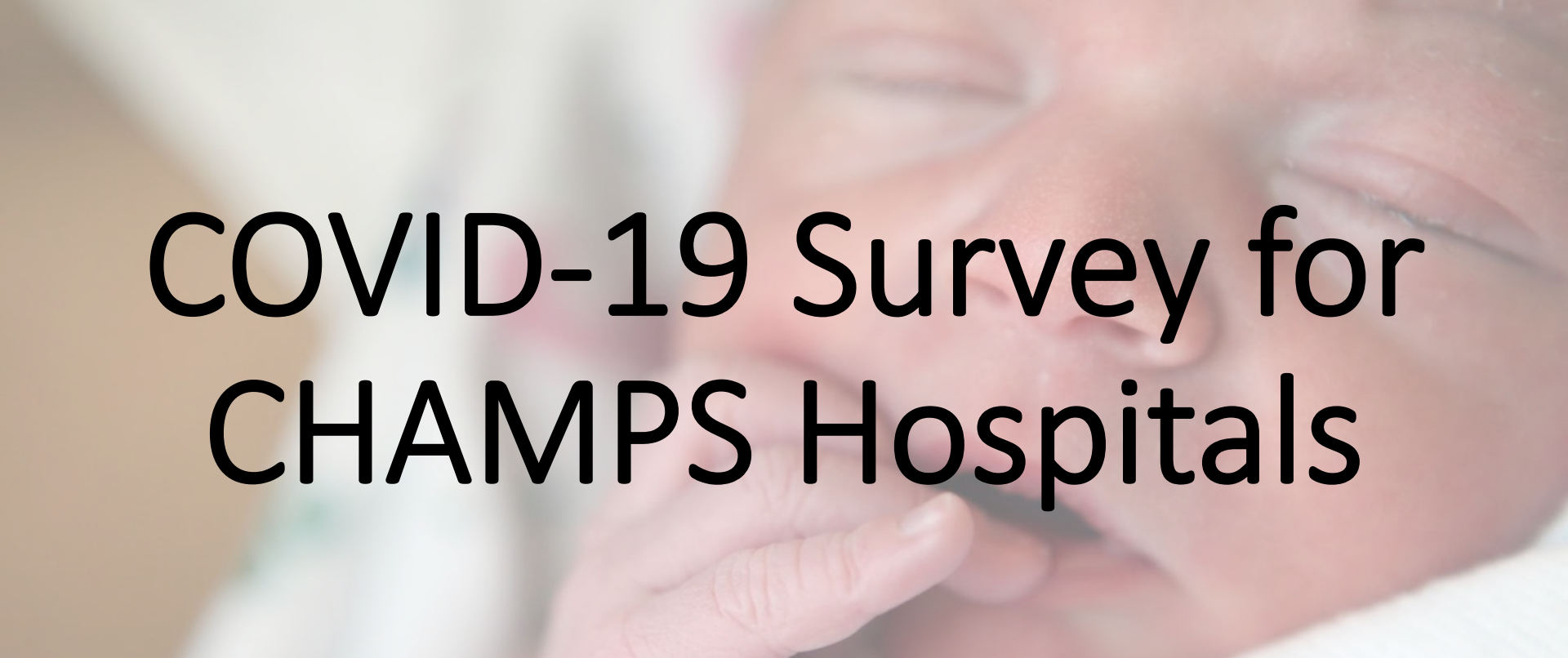
Maternity Practices During COVID-19: A Discussion



Source: United States Breastfeeding Committee

Welcome and Introductions

- Laura Burnham, MPH, CHEER Project Director
- Tawanda Logan-Hurt, BSW, CLC, CHAMPS Mississippi Delta Community & Hospital Consultant, MSDH Region 1 Breastfeeding Coordinator

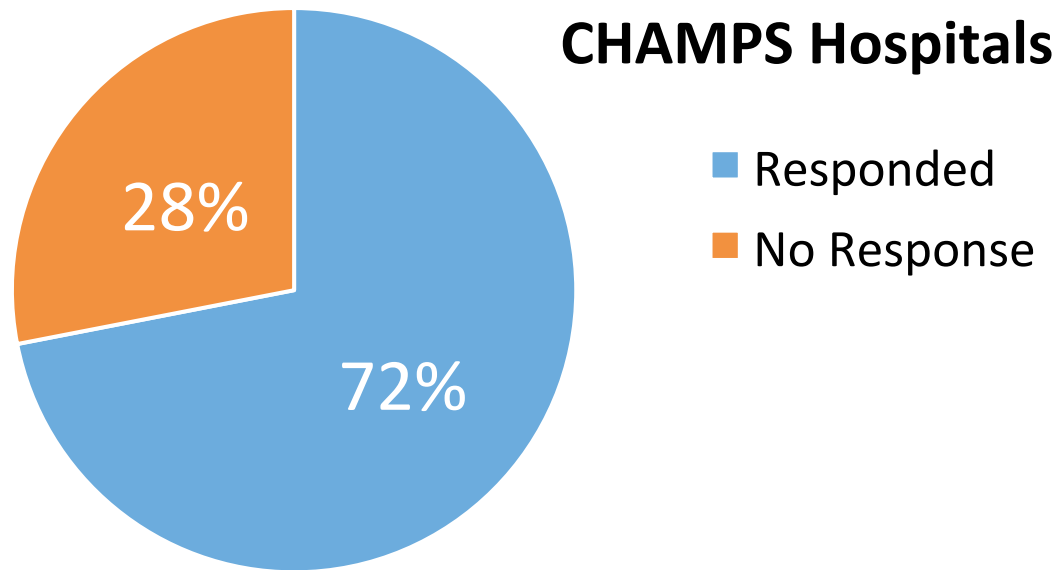


COVID-19 Survey for CHAMPS Hospitals

- Surveyed hospital taskforce leads about changes in hospital practices in response to COVID-19
- Distributed April 16th (reminder sent on 21st)
- Reporting results as of April 27th

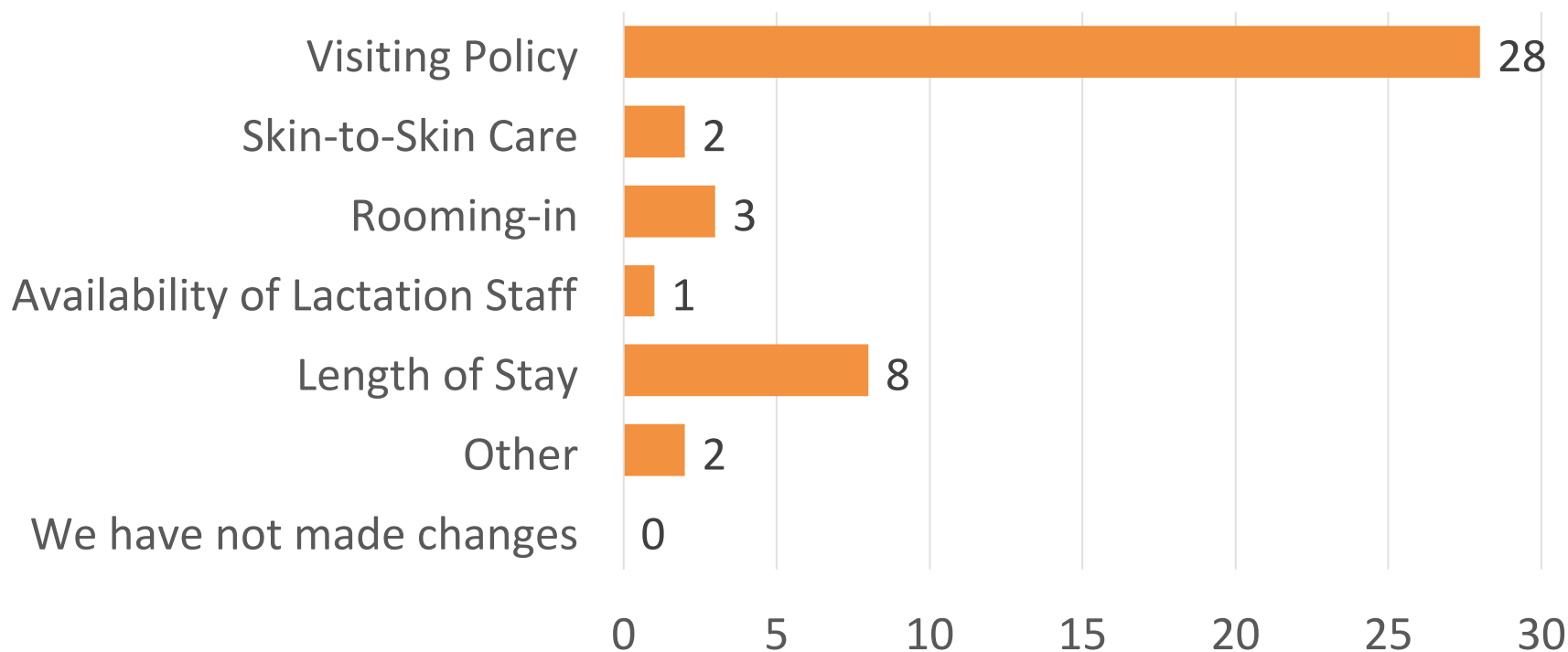
COVID-19 Survey Results

- Leads from 28 hospitals responded



COVID-19 Survey Results

Which services or practices has COVID-19 changed or affected? (check all that apply)



COVID-19 Survey Results

Has OB reduced the number of visitors/support people allowed for laboring women?

Response	N	%
Yes	28	100%
No	0	0%
Other	0	0%

COVID-19 Survey Results

Who is allowed in the labor room with the mother?

Response	N	%
Hospital staff only	0	0%
Only father/partner	20	71%
Other	8	29%

COVID-19 Survey Results

Who is allowed in the labor room with the mother?

Response	N	%
Hospital staff only	0	0%
Only father/partner	20	71%
Other	8	29%

Other responses:

- 7 said “1 support person”
- 1 said “2 support people”

COVID-19 Survey Results

Has Postpartum reduced the number of visitors/
support people allowed?

Response	N	%
Yes	28	100%
No	0	0%
Other	0	0%

COVID-19 Survey Results

Who is allowed to visit postpartum?

Response	N	%
No one	0	0%
Only father/partner	18	64%
Only family members	0	0%
Other	10	36%

COVID-19 Survey Results

Who is allowed to visit postpartum?

Response	N	%
No one	0	0%
Only father/partner	18	64%
Only family members	0	0%
Other	10	36%

Other responses:

- 9 said “1 support person”
- 1 said “2 support people”

COVID-19 Survey Results

How has skin-to-skin practice changed?

- 2/28 hospitals reported that STS had changed
 - One hospital does not allow suspected/confirmed COVID-19 mothers to do STS
 - Other hospital did not specify change



COVID-19 Survey Results

How has rooming-in practice changed?

- 3/28 hospitals reported that rooming-in changed
- Responses (n=2, 1 hospital did not specify):
 - Healthy mothers and babies: both hospitals strengthened rooming-in policies to limit risk of COVID-19 exposure
 - Suspected/confirmed COVID-19 mothers: 1 hospital does not allow rooming-in, the other has not created a policy yet (not encountered yet)

COVID-19 Survey Results

With regard to infant feeding, my hospital is (check all that apply):

Response	N	%
Increasing messaging around the importance of breastfeeding (immunological benefits, uncertainty of formula availability) during the COVID-19 epidemic	15	54%
Encouraging mothers to formula feed during the COVID-19 epidemic	0	0%
Advising COVID-19 positive mothers to pump rather than feed directly from the breast	11	39%
Continuing to recommend that breastfeeding babies see a clinician for an in-person checkup within 48 hours of discharge	23	82%
Recommending that mothers and babies stay home and do not visit a clinician for an in-person checkup within 48 hours of discharge	0	0%
Implementing some form of remote follow up for mothers/infants who are discharged breastfeeding	7	25%
Creating guidelines for breastfeeding mothers about increased hygiene while breastfeeding (hand washing, wearing a mask, etc)	12	43%
Creating guidelines for formula feeding mothers about increased hygiene while bottle feeding (hand washing, wearing a mask, cleaning feeding tools, etc)	10	36%
Other	5	18%

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COVID-19 Survey Results

Open-ended Question—Please describe any other actions your hospital has taken:

- Many who had not previously noted changes described plans for how to practice if they had a COVID+/PUI mother
 - Separating mother and baby immediately after birth
 - Continued rooming-in with proper distancing/hygiene
 - Giving mothers a choice to separate or room-in
- Others mentioned PPE/mask requirements for patients and staff
- COVID testing for women in labor

COVID-19 Survey Discussion

- All hospitals have changed their visitation policies
 - Most only allow father/partner or 1 support person
- Only a few hospitals report changes in their skin-to-skin and rooming-in practices, but this may change if COVID-19 infection increases
- Although many hospitals haven't experienced practice changes yet, more questions need to be asked about whether policies are in place if/when COVID-19 rates increase

COVID-19 Survey Poll

- Has your hospital cared for a COVID+/PUI mother in labor or postpartum?
- Do you have plans or policies in place for how to care for maternity care COVID+/PUI patients?
- Is your hospital doing universal COVID screening for all women entering in labor?

COVID-19 Survey Poll Results

- Has your hospital cared for a COVID+/PUI mother in labor or postpartum?
 - Yes – 50%
 - No – 50%
- Do you have plans or policies in place for how to care for maternity care COVID+/PUI patients?
 - Yes – 80%
 - No – 5%
 - In Process – 15%
- Is your hospital doing universal COVID screening for all women entering in labor?
 - Yes – 55%
 - No – 45%

Community Support for Mothers in the Mississippi Delta

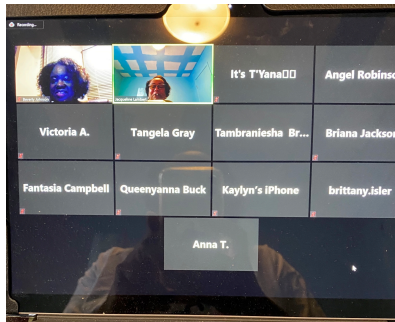
Tawanda Logan-Hurt
CHAMPS/CHEER
Mississippi Delta
Communities and Hospital Consultant

Introduction

- Certified Lactation Counselor
- Baby Café Facilitator and State Baby Café Coordinator
- WIC Regional Breastfeeding Coordinator
- Receive referrals from community organizations, hospitals, and WIC clerical and certifying staff for pregnant and breastfeeding mothers to receive education or assistance with their breastfeeding experience

Remote services for pregnant and breastfeeding moms

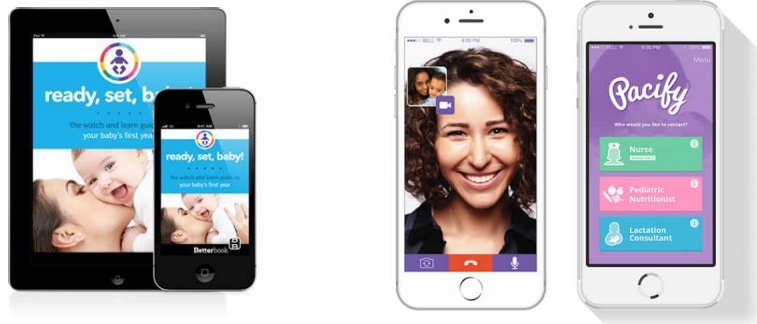
- Zoom Meetings
- Safe alternative methods when in-person assistance is necessary



| WASH HANDS PROPERLY |
after touching any surfaces

Remote resources provided for pregnant and breastfeeding moms

- Pacify Application
- Online *Ready, Set, BABY* Prenatal Breastfeeding Education
- Modified device issuance options
 - Single users instead of multi-users due to sanitation



Changes for WIC Staff and Volunteers

- Remote WIC certification and education
- Going to car to provide services to clients
- Temperature check and screening questions of staff and clients prior to entrance into clinic



FEVER



COUGH



SHORTNESS OF BREATH



Next Steps

- Continued support and guidance with more options for tele-lactation support
- Enhanced education and virtual support
- WIC food services moving out of food centers and into grocery stores

Questions?

Use the chat box to send in any questions you might have

Think of a question after the webinar?

Email the CHAMPS Team at
[champs.breastfeed@gmail.com!](mailto:champs.breastfeed@gmail.com)



Thank you for joining!

Tune in on May 6th for the next webinar in the series,
*The COVID-19 Pandemic: What You Can Do to Protect Human
Milk and Breastfeeding*

Presented by:

Diane Lynn Spatz, PhD, RN-BC, FAAN

Professor of Perinatal Nursing & The Helen M. Shearer Professor of Nutrition,
University of Pennsylvania School of Nursing

Nurse Scientist for the Lactation Program, Children's Hospital of Philadelphia